
Textures – Fruit

SOFT	BANANA, MANGO
SOFT-CHEWY	APPLES (RED, GOLDEN DELICIOUS), APRICOTS, CANTALOUPE, DATES, FIGS, GRAPES, KIWI, MANGO, PEACHES (YELLOW), PEARS (BOSC, COMICE), RASPBERRIES, STRAWBERRIES, WATERMELON
CRISP-CHEWY	GRAPEFRUIT, LEMONS, LIMES, ORANGES
CRISP-CRUNCHY	APPLES (GRANNY SMITH), BLUEBERRIES, CRANBERRIES, HONEYDEW MELON, NECTARINES, PEACHES (WHITE)

Textures – Vegetables

SOFT-CREAMY	AVOCADOS, ARTICHOKE, CELERY ROOT, EDAMAME, GARDEN PEAS, POTATOES
SOFT-CHEWY	ASPARAGUS, BROCCOLI, CARROTS, CAULIFLOWER, EGGPLANT, LEAFY GREENS, LEEKS, MUSHROOMS, ONIONS, PARSNIPS, SWEET POTATOES, TOMATOES (RAW), WINTER SQUASH
CRISP-CHEWY	BEETS, BROCCOLI (RAW), CABBAGE, CARROTS (RAW), ENDIVE, FENNEL, GREEN BEANS, KOHLRABI, LEAFY GREENS (RAW), RADISHES, SNOW PEAS, TURNIPS, ZUCCHINI
CRUNCHY	ASPARAGUS (RAW), BELL PEPPERS (RAW), BOK CHOY, CELERY, ENDIVE (RAW), FENNEL (RAW), RADICCHIO (RAW), SALAD GREENS, SCALLIONS, TURNIPS (RAW)
BUTTERY	AVOCADO, SPINACH, BOSTON BIBB, ARTICHOKE, ETC.
STARCHY	EDAMAME, GARDEN PEAS, POTATOES, ETC.